



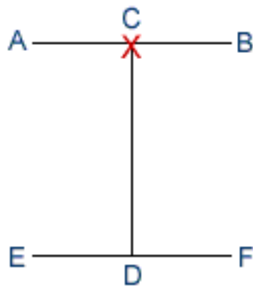
Taekwon-Do Theory for Green Belts (6th Kup)

Please take the time to learn the following information for your grading.

1. What is the meaning of pattern Won-Hyo?

Won-Hyo was the noted monk who introduced Buddhism to the Silla Dynasty in the year of 686 A.D.

2. What is the diagram of pattern Won-Hyo?



3. How many movements in pattern Won-Hyo?

28

4. What is the starting position of pattern Won-Hyo?

Closed Ready Stance A

5. What does green belt signify?

Green belt signifies the plants growth as Tae Kwon-Do skills begin to develop.

6. Korean words:

Side piercing kick

Front snap kick

Circular block

Forearm guarding block

Fixed stance

Yop Cha Jirugi

Ap Cha Busigi

Dollimyo Makgi

Palmok Daebi Makgi

Gojang Sogi