



## Taekwon-Do Theory for Yellow Belts (8<sup>th</sup> Kup)

Please take the time to learn the following information for your grading.

**1. What does yellow belt signify?**

Signifies the Earth from which a plant sprouts and takes root as the Taekwon-Do foundation is being laid.

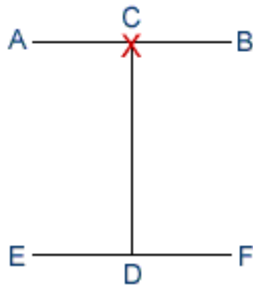
**2. How many movements in Pattern Dan-Gun?**

21

**3. What is the Start position for Pattern Dan-Gun?**

Parallel Ready Stance.

**4. What is the diagram of Pattern Dan-Gun?**



**5. What is the meaning of Pattern Dan-Gun?**

Dan-Gun is named after the Holy Dan-Gun, the legendary founder of Korea in the year 2333BC.

**6. Korean words:**

Twin forearm block

Knife hand guarding block

Rising block

Knife hand side strike

Sang palmok maki

Sonkal daebi maki

Chookyoo maki

Sonkal yop taerigi